

## **RJ Working Case Study for Cornwall VSF Learning Academy**

Through 6 x 3-day courses ***Restorative Facilitator Training for working with Children & Young People***, Cornwall VSF Learning Academy has enabled a total of 31 VCSE participants, helping to develop a cross-sector network of Restorative Practitioners learning alongside school staff.

When culturally embedded, Restorative Practice is evidenced to contribute to inclusion, community resilience, health and wellbeing. The organisational beneficiaries to date are: Action for Children, Bosavern Community Farm, Carefree Cornwall, CHAOS Cornwall, Cornwall Climate Care, Creative Kernow, DisAbility Cornwall, Falmouth & Exeter Students' Union, Konnect Communities, TravellerSpace, Young People Cornwall, 99p Films, & We Are With You/Wise Up.

Participant feedback is invited in writing at the end of each 3-day event and the following is a selection of typical VCSE participant responses to our questions.

### ***What was the most useful aspect of the training?***

- Having the opportunity to practice the skills - it's good to be pushed out of your comfort zone.
- Case studies and reflecting on these was an insightful process that there is rarely time for.
- Being around like-minded people who were also learning and growing in this area.
- It has all been useful as it is all learning that can be applied in life - a life skill.
- Loads of ideas how I can apply it in my work - having conversations & reflecting regularly.
- Getting us to practice then and there on the spot and to experience each different role and perspective - what a great way to do it.
- The education around Restorative justice & where it would fit perfectly into a variety of conflict resolution scenarios in schools and colleges everywhere
- An understanding of communities and the power RJ can bring to social movements. It can work on a broader level alongside interpersonal.

### ***What Restorative Approaches will you apply in your workplace?***

- Its been validating.. I will be holding more Restorative conversations between workers and bringing Restorative practice into our peer mentor training
- All of it, the circle method for meetings and lessons, check-ins to gauge people's feelings and using the questions during resolving conflict.
- Holding meetings in a circle and using my new confidence with appropriate language to use and bringing in the power of taking your time.
- I can see the techniques learnt being useful in some of my workshops to address any climate anxiety with children and young people
- Using the Restorative questions to dig deeper with people and their emotional truth so I can better support them to get unstuck. Trying to push for wider use of RJ in youth justice.
- Already doing restorative(ish) dialogues with staff and volunteers. I feel better placed to figure out how to apply the RJ tools and principles at Board Level.

